



TAYLOR FERGUSON

BACKGROUND

Dr. Ferguson is originally from Upstate New York. She moved to Denver in 2018 after calling many cities in the U.S. home. She has lived in Rochester, NY, Elon, NC, Canton, GA, Maryland Heights, MO, and Marengo, OH before choosing to settle in Denver. Currently she lives near Sloan's Lake and enjoys walking or running around it often. Growing up on a farm, she learned the definition of hard work early in life.

EDUCATION

Dr. Ferguson has a Bachelor's of Science degree from Elon University where she majored in Exercise Science. During her time at Elon, she was a student athletic trainer for 3 years; she consistently served the football team as well as the women's basketball team. She also completed a semester as an intern for Elon's Strength and Conditioning program. She then decided to pursue a chiropractic degree at Logan University. She chose to attend Logan University because they offered a Master's program for Sport Science and Rehabilitation in addition to their chiropractic program. Dr. Ferguson earned both her Masters and her Doctorate of Chiropractic degree during her time at Logan University.

WHY SPORTS CHIROPRACTIC?

While Dr. Ferguson grew up active, she considers herself a very average athlete. Her role is on the sidelines, rather than on the field. It is a passion of hers to support athletes as they excel in their sport. While she enjoys helping athletes, she can relate best to those who are recreationally active. She understands that for a lot of people the ability to be physically active is the cornerstone to their mental health and vitality. It's important to her to help people be able to do what truly fulfills them.

WHAT DO YOU LOVE TO DO IN YOUR FREE TIME?

Dr. Ferguson is energized by sunlight and vitamin D; if it involves being outside it's a hobby of hers. She loves to run, workout, snowboard, hike, walk her dogs, attend sporting events, try new restaurants, or relax in front of a good TV show or documentary. Dr. Ferguson enjoys volunteering with Girls on the Run of the Rockies. When she is not filling it at Washington Park Chiropractic, she can be found in her own practice or teaching Anatomy and Physiology to students of Aurora Community College.

CERTIFICATIONS

Certified Chiropractic Sports Physician (CCSP)

SFMA

Dry Needling Level 1

ART – Full Spine

FAKTR

DNS A

RockTape